

## ABOUT LONGVIEW UROLOGY –

Longview Urology was originally founded in 1953 and is considered a regional referral center for both male and female urologic conditions. The physicians are all military trained and therefore have had the opportunity perform thousands of vasectomies over the course of their combined careers.

You will find that Longview Urology provides convenient hours, state of the art equipment, comfortable surroundings, an easy to find location and staff who take great pride in providing exceptional care and compassion.



Longview Urology  @ PACIFIC  
Physicians & Surgeons PLLC SURGICAL INSTITUTE

*Longview Urology is a veteran-owned company*

625 9th Ave, Ste 120, Longview, WA 98632

*Inside Pacific Surgical Institute*

**360-425-3720**

**[www.longviewurology.com](http://www.longviewurology.com)**

# VASECTOMY

## Right for you?



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## WHAT IS VASECTOMY? –

Vasectomy is a minor surgical procedure, performed in the office, that renders a man sterile by stopping the flow of sperm from the testicles to the penis. Sperm (spermatozoa) are reproductive cells made by testicles. Semen is the fluid that carries the sperm and is what comes out during ejaculation. Semen comes from the prostate and seminal vesicles. Ejaculate is from semen, not sperm. Most men do not notice a change in the amount of fluid they ejaculate after vasectomy.



## INITIAL CONSULTATION –

A pre-vasectomy consultation is required for all patients who desire sterilization. This visit with your physician will allow him to obtain information about your general health and perform an examination. You will receive information about vasectomy and have the opportunity to get all of your questions answered. At the conclusion of the visit, you can schedule the vasectomy procedure if you choose to do so.

## VASECTOMY PROCEDURE –

Vasectomy is performed after you receive medication to completely numb the area. One or two small incisions are made on the scrotum. A piece of the vas deferens is removed and both remaining ends are obstructed. Incisions are very small and only require a few stitches. The procedure itself only takes 30 minutes.



## AFTER VASECTOMY –

We recommend you spend the first 48 hours resting and remaining sedentary. If you have a desk job you may return to work in 2-3 days. If your job involves heavy lifting, climbing stairs or standing a lot, you may need to modify your duties or be off for 5 -7 days

## INSURANCE COVERAGE –

Your insurance will likely cover the cost of both the initial consultation and vasectomy procedure. Insurance may defer some costs to you through deductibles and copays. We will verify your benefits prior to procedure so you are aware of the cost of the procedure.

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